Menopausal Symptoms After Cancer Clinic

Government of Western Australia
Department of Health
Women and Newborn Health Service

Menopausal Symptoms After Cancer Clinic

Contact details
Clinical (08) 9340 1357
Nurse (leave a message)
Specialist Monday and Wednesday 8.00am to 4.30pm
Location Margaret Smith Menopause Unit in Centenary Clinic (off Hensman Road) KEMH
Phone (08) 9340 2222
Outpatient 1300 855 275
Direct Fax (08) 9340 1031
Website www.wnhs.health.wa.gov.au
Hours Wed. 8.30am to 4.00pm

Further Information
Women and Newborn Health Library
A lending library of women's health information.
Location KEMH Main Corridor
Phone (08) 9340 1100

Useful websites
www.menopause.org.au
www.jeanhailes.com.au
www.canceraustralia.gov.au

Produced by MSAC Clinic
Web: wnhs.health.wa.gov.au
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Introduction

The Menopausal Symptoms After Cancer (MSAC) Clinic was established in 2003 to care for women with menopausal symptoms and a history of cancer. We aim to offer current evidence-based advice and treatment.

Quality of life

Cancer treatments including chemotherapy and endocrine therapies (eg. anti-estrogens) may cause:

- periods to stop
- hot flushes
- night sweats
- vaginal dryness

For younger women, these symptoms are often a shock, as they may be many years away from undergoing natural menopause.

For some women diagnosed with cancer, pre-existing Hormone Therapy (HT) is stopped.

Those women who were taking HT before their cancer diagnosis may also feel their menopausal symptoms coming back and need assistance to manage these.

Menopausal symptoms after cancer can cause women to feel embarrassed and worried. Questions about sexual function, fertility and safety of available treatment can be addressed at this clinic.
Treatment options

Conventional treatments (eg. HT) are not usually an option as they are shown to increase the risk of some cancers recurring.

At the MSAC Clinic, up-to-date advice will be given about medical therapies and lifestyle factors that are helpful in controlling your menopausal symptoms.

The multi-disciplinary team is available to advise on the most appropriate treatments available. The treatment plan is developed for each individual woman considering her cancer diagnosis and menopausal symptoms.

Clinic services

Multi-disciplinary care

The MSAC multi-disciplinary team includes specialists in gynaecology, gynaecological and breast cancer oncologists, breast cancer surgery, endocrinology, medical oncology, genetics, psychology as well as general practitioners, physiotherapists and breast cancer nurses. They meet monthly to discuss your management.

Research

The clinic conducts research projects aimed at improving the services and management of menopausal symptoms that are available for women with a history of cancer.
Sexual Wellness Clinic
On Tuesdays a nurse led clinic is held by a Specialist nurse/sexual therapist to offer support to those women experiencing concerns with sexual functioning, intimacy and or loss of libido as a result of their treatment or diagnosis.

MSAC Clinical Nurse Specialist
A specialist breast nurse with experience in menopause after cancer is available to offer support and information to all women attending the MSAC Clinic.

Telephone support
Telephone support is available to women by the clinical support nurse on Mondays and Wednesdays. Rural GPs can also access the expertise of the clinic specialists by contacting the support nurse on the same days.

Appointment referral
A referral letter from your GP or any other health care provider including a specialist breast nurse is required to make an appointment to attend the MSAC Clinic.

Questions
If you have any further questions about MSAC and our services contact the clinic.
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