

## Stay safe. Use your mask effectively.

### Disposable masks



Have multiple disposable masks.



Wash hands before using and after removing your mask.



Avoid touching while wearing.



Replace when dirty or damp.

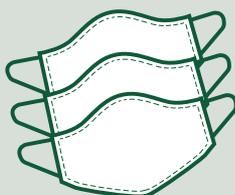


Replace after eating.



Dispose of in a bin after use.

### Cloth masks



Have multiple cloth masks.



Wash hands before using and after removing your mask.



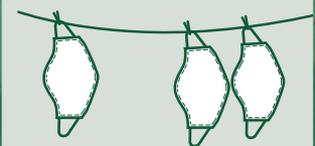
Wash when dirty or damp.



Place in a sealed bag if storing before washing.



Wash in hot water.



Make sure your cloth mask is dry before reusing.