



ADULT



# ESTROGEN (OESTROGEN) HRT

This document should be read in conjunction with this [DISCLAIMER](#)

| Presentation              | Estrogen                        |  |
|---------------------------|---------------------------------|--|
|                           | Estrogen Only Products          |  |
|                           | Form and Brand                  | Active Ingredients and Strength                              |
|                           | Premarin® Tablets               | Conjugated estrogen 300microg                                |
|                           | Premarin® Tablets               | Conjugated estrogen 625microg                                |
|                           | Combined Estrogen Products      |  |
|                           | Form and Brand                  | Active Ingredients and Strength                              |
|                           | Premia 2.5 Continuous® Tablets  | Medroxyprogesterone 2.5mg with conjugated estrogen 625microg |
|                           | Premia 5 Continuous® Tablets    | Medroxyprogesterone 5mg with conjugated estrogen 625microg   |
|                           | Estradiol                       |  |
| Estradiol Only Products   |                                 |  |
| Form and Brand            | Active Ingredients and Strength |  |
| Progynova® Tablets        | Estradiol valerate 1mg          |  |
|                           | Estradiol valerate 2mg          |  |
| Estradot® Patches         | Estradiol 25microg/24 hours     |  |
|                           | Estradiol 37.5microg/24 hours   |  |
|                           | Estradiol 50microg/24 hours     |  |
|                           | Estradiol 75microg/24 hours     |  |
|                           | Estradiol 100microg/24 hours    |  |
| Estraderm MX® Patches     | Estradiol 25microg/24 hours     |  |
|                           | Estradiol 50microg/24 hours     |  |
|                           | Estradiol 100microg/24 hours    |  |
| Climara® Patches          | Estradiol 100microg/24 hours    |  |
| Sandrena® Transdermal Gel | Estradiol 1mg/g (1g sachets)    |  |

| <b>Combined Estradiol Products</b>         |  |
|--|--|
| <b>Form and Brand</b>                      | <b>Active Ingredients and Strength</b>   |
| Kliovance® Tablets                         | Estradiol 1mg with norethisterone 500microg  |
| Kliogest® Tablets                          | Estradiol 2mg with norethisterone 1mg  |
| Zoely® Tablets                             | Nomegestrel acetate 2.5mg with estradiol 1.5mg   |
| Femoston 2/10® Tablets                     | Estradiol 2mg (14)<br>Estradiol 2mg with dydrogesterone 10mg (14)  |
| Femoston 1/5 Conti® Tablets                | Estradiol 1mg with dydrogesterone 5mg  |
| Angeliq 1/2® Tablets                       | Estradiol 1mg with drospirenone 2mg  |
| Trisequens® Tablets                        | Estradiol 2mg (12)<br>Estradiol 2mg with norethisterone 1mg (10)<br>Estradiol 1mg (6)  |
| Estalis <b>Sequi 50/140</b> ® Patches      | Estradiol 50microg with Norethisterone 140microg/24 hours  |
| Estalis <b>Sequi 50/250</b> ® Patches      | Estradiol 50microg with Norethisterone 250microg/24 hours  |
| Estalis <b>Continuous 50/140</b> ® Patches | Estradiol 50microg with Norethisterone 140microg/24 hours  |
| Estalis <b>Continuous 50/250</b> ® Patches | Estradiol 50microg with Norethisterone 250microg/24 hours  |
| <b>Dose</b>                                | Refer to individual product information  |
| <b>Administration</b>                      | <p><b><u>Patch</u></b></p> <p>Apply to clean, dry skin on your lower abdomen or buttocks. When changing the patch, remove the old patch and apply a new one to a different place.</p> <p><b><u>Gel</u></b></p> <p>Rub the contents of the sachet onto lower abdomen or thighs, covering an area one to two times the size of a hand. To avoid irritation, alternate the application site each day (eg left and right side). Do not apply to irritated skin. Avoid contact with your eyes and wash hands thoroughly after applying.</p> |
| <b>Pregnancy</b>                           | <p><b>1<sup>st</sup> Trimester:</b> Contraindicated</p> <p><b>2<sup>nd</sup> Trimester:</b> Contraindicated</p> <p><b>3<sup>rd</sup> Trimester:</b> Contraindicated</p>  |
| <b>Breastfeeding</b>                       | Consider alternative   |

|                            |   |
|----------------------------|---|
| <b>Clinical guidelines</b> | <a href="#">Menopausal Symptom Management</a><br><a href="#">Management of Menopause After Breast Cancer – Options for Medication</a><br><a href="#">The Menopause Service</a><br><a href="#">The Menopause Service Links</a><br><a href="#">Menopause Symptoms after Cancer Clinic</a>   |
| <b>References</b>          | <p>Australian Medicines Handbook. Hormone replacement therapy. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2017 [cited 2017 October 24]. Available from: <a href="https://amhonline.amh.net.au/">https://amhonline.amh.net.au/</a></p> <p>The Royal Women's Hospital. Estrodiol and Estriol. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2016 [cited 2017 October 24]. Available from: <a href="https://thewomenspbmg.org.au/">https://thewomenspbmg.org.au/</a></p> |

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| Standards Applicable:   | NSQHS Standards:<br>1  Clinical Care is Guided by Current Best Practice<br>4  Medication Safety |                   |          |
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