



ADULT




NYSTATIN

This document should be read in conjunction with this [DISCLAIMER](#)

[Antimicrobial Restriction – Unrestricted](#)

<p>Presentation</p>	<p>Tablet: 500,000 units Oral suspension: 100,000 units/mL (24mL) Cream: 100,000 units/g (15g) Vaginal cream: 100,000 units/ dose (75 g)</p>
<p>Dose</p>	<p><u>Vulvovaginal candidiasis</u> Per vagina: 1 applicatorful intravaginally, once daily for 14 days OR twice daily for 7 days</p> <p><u>Candidiasis in pregnancy</u> Per vagina: 1 applicatorful intravaginally, once daily for 12-14days</p> <p><u>Recurrent candidiasis</u> Per vagina: 1 applicatorful intravaginally weekly</p> <p><u>Oropharyngeal candidiasis</u> Oral: 1mL (100,000 units) 4 times daily for 7 to 14 days. Continue to use for several days after symptoms disappear.</p>
<p>Administration</p>	<p><u>Oral Liquid</u> Swirl around mouth for as long as comfortable then swallow. Use after meals/drinks and just before bed.</p> <p><u>Vaginal Cream</u> To be inserted high in the vagina using the applicator provided. Use with care in pregnancy.</p>

Pregnancy	<p>1st Trimester: Safe to use</p> <p>2nd Trimester: Safe to use</p> <p>3rd Trimester: Safe to use</p>
Breastfeeding	Safe to use
Monitoring	<p>The vaginal cream may damage contraceptive diaphragms and condoms; do not use these methods while using this medicine</p> <p>Extended treatment duration (12-14 days) is required in pregnancy due to lower response rates and more frequent relapse.</p>
Clinical Guidelines and Policies	<p>Antimicrobial Stewardship (AMS) policy</p> <p>Vaginal infections: Antibiotic treatment for</p>
References	<p>Australian Medicines Handbook. Nystatin. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2017 [cited 2018 Jan 16]. Available from: https://amhonline.amh.net.au/</p> <p>The Royal Women's Hospital. Nystatin. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2017 [cited 2018 Jan 16]. Available from: https://thewomenspbmg.org.au/</p> <p>Therapeutic Guidelines. Candidal vulvovaginitis in women. In: eTG complete [Internet]. West Melbourne (Victoria): Therapeutic Guidelines; 2017 [cited 2018 Jan 16]. Available from: https://tgldcdp.tg.org.au</p> <p>MIMS Australia. Nystatin. In: MIMS Online [Internet]. St Leonards (New South Wales): MIMS Australia; 2017 [cited 2018 Jan 16]. Available from: https://www.mimsonline.com.au</p> <p>MIMS Australia. Nilstat Vaginal. In: MIMS Online [Internet]. St Leonards (New South Wales): MIMS Australia; 2017 [cited 2018 Jan 16]. Available from: https://www.mimsonline.com.au</p> <p>Sexual Health and Blood-borne Virus Program. Non-notifiable infections: Candidiasis. Silver book - guidelines for managing sexually transmitted infections and blood-borne viruses [Internet]. Perth (WA): Government of Western Australia Department of Health; 2015 [updated 2017 Oct 27; cited 2017 Dec 19]. Available from: http://ww2.health.wa.gov.au/Silver-book/Non-notifiable-infections/Candidiasis.</p>

Keywords:	Nystatin, candidiasis, thrush, nilstat, vaginal thrush		
Publishing:	<input checked="" type="checkbox"/> Intranet	<input checked="" type="checkbox"/> Internet	
Document owner:	Chief Pharmacist		
Author / Reviewer:	KEMH Pharmacy Department		
Date first issued:	July 2015	Version:	3.1
Last reviewed:	Jan 2018	Next review date:	Jan 2021
Endorsed by:	Medicines and Therapeutics Committee	Date:	Jan 2018
Standards Applicable:	NSQHS Standards: 1  Clinical Care is Guided by Current Best Practice 3  Infection Control 4  Medication Safety		
Printed or personally saved electronic copies of this document are considered uncontrolled. Access the current version from the WNHS website.			

© Department of Health Western Australia 2018