





ADULT MEDICATION GUIDELINE

AGOMELATINE

This document should be read in conjunction with this [DISCLAIMER](#)

Non-Formulary - [IPA Required](#)

Presentation	Tablet: 25mg
Dose	<u>For sleep and mood improvement in selected MBU patients</u> Initially 25mg at bedtime; increase to 50mg at bedtime after 2 weeks if necessary
Administration	<u>Oral</u> With or without food
Pregnancy	1st Trimester: Consider alternative 2nd Trimester: Consider alternative 3rd Trimester: Consider alternative
Breastfeeding	Consider alternative
Monitoring	Check liver function tests at baseline and before a dose increase, then at 3,6,12 and 24 weeks after commencing treatment or after a dose increase. Monitor patients frequently and carefully early in treatment as increased suicidal thoughts and behaviour can occur soon after starting antidepressants.
References	Australian Medicines Handbook. Agomelatine. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2018 [cited 2018 July 13]. Available from: https://amhonline.amh.net.au/ Therapeutic Guidelines. Psychotropic: Depression in adults. In: eTG complete [Internet]. West Melbourne (Victoria): Therapeutic Guidelines; 2018 [cited 2018 July 13]. Available from: https://tgdcdp.tg.org.au MIMS Australia. Valdoxan tablets. In: MIMS Online [Internet]. St Leonards (New South Wales): MIMS Australia; 2017 [cited 2018 July 13]. Available from: https://www.mimsonline.com.au The Royal Women's Hospital. Agomelatine. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2018 [cited 2018 July 13]. Available from: https://thewomenspbmg.org.au/

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