






ADULT MEDICATION GUIDELINE

ATENOLOL

This document should be read in conjunction with this [DISCLAIMER](#)

Presentation	Tablet: 50mg
Dose	<p><u>Postpartum Hypertension</u> Oral: 50mg daily On rare occasions, may need increasing to 100mg daily.</p> <p><u>Hypertension , Angina, Migraine Prevention</u> Oral: 25 to 100mg daily.</p> <p><u>Myocardial Infarction</u> Oral: Maintenance, 50mg daily.</p>
Administration	<p><u>Oral</u> Take with or without food</p>
Pregnancy	<p>1st Trimester: Consider alternative 2nd Trimester: Consider alternative 3rd Trimester: Consider alternative</p>
Breastfeeding	Considered safe to use
Monitoring	When stopping treatment, reduce dosage gradually. Avoid abrupt withdrawal as it may exacerbate angina, or precipitate rebound hypertension, MI, or arrhythmias.
Clinical Guidelines and Policies	Hypertension in Pregnancy: Medical Management
References	<p>Australian Medicines Handbook. Atenolol. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2018 [cited 2018 Jun19]. Available from: https://amhonline.amh.net.au/</p> <p>Therapeutic Guidelines. Cardiovascular: blood pressure reduction. In: eTG complete [Internet]. West Melbourne (Victoria): Therapeutic Guidelines; 2018 [cited 2018 Jun 19]. Available from: https://tgldcdp.tg.org.au</p> <p>MIMS Australia. APO-Atenolol. In: MIMS Online [Internet]. St Leonards (New South Wales): MIMS Australia; 2018 [cited 2018 Jun 19]. Available from: https://www.mimsonline.com.au</p> <p>The Royal Women's Hospital. Atenolol. In: Pregnancy and Breastfeeding</p>

	Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2017 [cited 2018 Jun 19]. Available from: https://thewomenspbmg.org.au/
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