





ADULT MEDICATION GUIDELINE

CABERGOLINE

This document should be read in conjunction with this [DISCLAIMER](#)

Presentation	Tablet: 500microg
Dose	<u>Prevention of onset of lactation</u> Oral: 1mg as a single dose during first day postpartum <u>Established lactation suppression</u> Oral: 250microg (0.25mg) every 12 hours for 2 days for a total of 1mg
Administration	<u>Oral</u> Take with food to lessen the chance of nausea or stomach upset.
Pregnancy	1st Trimester: Consider alternative 2nd Trimester: Consider alternative 3rd Trimester: Consider alternative
Breastfeeding	Contraindicated
Monitoring	Milk supply, dizziness/drowsiness, stomach upset, breathing (SOB, cough or chest pain), changes in behaviour (due to dopaminergic action)
Clinical Guidelines and Policies	KEMH Clinical Guideline: O&G: Breastfeeding: Suppression of Lactation KEMH Clinical Guideline: O&G: HIV Positive: Management of the Woman and her Neonate KEMH Clinical Guideline: O&G: Mastitis: Management of
References	Australian Medicines Handbook. Cabergoline. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2018 [cited 2018 July 12]. Available from: https://amhonline.amh.net.au/ The Royal Women's Hospital. Cabergoline In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2017 [cited 2018 July 12]. Available from: https://thewomenspbmg.org.au/

	Hale TW. Cabergoline. In: Medications and Mothers' Milk [Internet]. New York: Springer Publishing Company; 2018 [cited 2018 July 12]. Available from: http://www.medsmilk.com/
--	---

Keywords:	Cabergoline; breastmilk suppression; lactation suppression; prevent lactation; prevent breastfeeding; prevent breastmilk; dostinex		
Publishing:	<input checked="" type="checkbox"/> Intranet <input checked="" type="checkbox"/> Internet		
Document owner:	Chief Pharmacist		
Author / Reviewer:	KEMH Pharmacy Department		
Date first issued:	Nov 2014	Version:	3.1
Last reviewed:	Apr 2016, July 2018	Next review date:	July 2021
Endorsed by:	Medicines and Therapeutics Committee	Date:	Jan 2019
Standards Applicable:	NSQHS Standards: 1  Governance, 4  Medication Safety		
<p>Printed or personally saved electronic copies of this document are considered uncontrolled.</p> <p>Access the current version from the WNHS website.</p> <p>For any enquiries relating to this guideline, please email KEMH.PharmacyAdmin@health.wa.gov.au</p>			

© Department of Health Western Australia 2018