





ADULT MEDICATION GUIDELINE

DICLOFENAC

This document should be read in conjunction with this [DISCLAIMER](#)

Presentation	Tablet (Enteric Coated): 25mg, 50mg Suppository: 100mg Topical gel: 1% (10mg/g)
Dose	<p><u>Pain due to inflammation</u></p> <p>Oral: 25 - 50mg three times a day, up to a maximum of 200mg daily</p> <p>Rectal: 100mg daily, up to a maximum of 200mg daily</p> <p><u>Local pain and inflammation in soft tissue</u></p> <p>Topical: Rub gel into the affected area(s) 3 to 4 times a day</p>
Administration	<p><u>Oral</u> Swallow tablets whole, do not crush or chew. Take with or soon after food</p>
Pregnancy	<p>1st Trimester: Consider alternative 2nd Trimester: Consider alternative 3rd Trimester: Consider alternative</p>
Breastfeeding	Safe to use
Clinical Guidelines and Policies	<p>KEMH Clinical Guideline: O&G: Episiotomy/Genital Laceration : Suturing</p> <p>KEMH Clinical Guideline: O&G: Postnatal Care: Perineal Care</p> <p>KEMH Clinical Guideline: O&G: Labour Medications (Routine) in Labour & Birth Suite: Guidelines for Prescribing</p> <p>KEMH Clinical Guideline: O&G: Infections: Antibiotic Prophylaxis/Medication: Hysterosalpingogram for Infertility</p> <p>KEMH Pharmacy Guideline: Prescribing by Eligible Private Practicing Midwives with a Scheduled Medicines Endorsement</p>

References	<p>Australian Medicines Handbook. Diclofenac. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2018 [cited 2018 Nov 18]. Available from: https://amhonline.amh.net.au/</p> <p>The Royal Women's Hospital. Diclofenac. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2018 [cited 2018 Nov 18]. Available from: https://thewomenspbmg.org.au/</p> <p>Therapeutic Guidelines. Analgesic: Acute pain: a general approach. In: eTG complete [Internet]. West Melbourne (Victoria): Therapeutic Guidelines; 2018 [cited 2018 Nov 18]. Available from: https://tgldcdp.tg.org.au</p>
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