



ADULT MEDICATION GUIDELINE

DOCUSATE

This document should be read in conjunction with this [DISCLAIMER](#)

Presentation	Tablet: 120mg		
	Combination Product: Tablet: Docusate 50mg/Senna 8mg		
Dose	Antenatal/Postnatal Constipation Oral: 120mg once or twice daily; maximum of 480mg daily in divided doses		
	Constipation (Palliative Care) – use combination product Oral: 1-2 tablet(s) twice each day.		
Administration	Oral Take with plenty of fluid		
Pregnancy		Docusate	Docusate/Senna
	1st Trimester:	Safe to use	Consider alternative
	2nd Trimester:	Safe to use	Consider alternative
	3rd Trimester:	Safe to use	Consider alternative
Breastfeeding	Docusate: Safe to use Docusate/Senna: Safe to use, observe infant for diarrhoea and irritability		
Clinical Guidelines and Policies	KEMH Clinical Guideline: O&G: Bowel Care KEMH Clinical Guideline: O&G: Palliative care KEMH Clinical Guideline: O&G: Postnatal: Subsequent Care KEMH Clinical Guideline: O&G: Pregnancy care: First Trimester Complications		
References	Australian Medicines Handbook. Docusate. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2018 [cited 2018 Nov 18]. Available from: https://amhonline.amh.net.au/		

	<p>Therapeutic Guidelines. Gastrointestinal symptoms in palliative care. In: eTG complete [Internet]. West Melbourne (Victoria): Therapeutic Guidelines; 2018 [cited 2018 Nov 18]. Available from: https://tgldcdp.tg.org.au</p> <p>Therapeutic Guidelines. Functional gastrointestinal disorders. In: eTG complete [Internet]. West Melbourne (Victoria): Therapeutic Guidelines; 2018 [cited 2018 May 18]. Available from: https://tgldcdp.tg.org.au</p> <p>The Royal Women's Hospital. Docusate. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2017 [cited 2018 Nov 18]. Available from: https://thewomenspbmg.org.au/</p> <p>The Royal Women's Hospital. Senna. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2017 [cited 2018 Nov 18]. Available from: https://thewomenspbmg.org.au/</p>
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