



ADULT




METHENAMINE HIPPURATE (HEXAMINE HIPPURATE)

This document should be read in conjunction with this [DISCLAIMER](#)

[Antimicrobial Restriction – Unrestricted \(oral\)](#)

Presentation	Tablet: 1g
Dose	<u>Prophylaxis of chronic/recurrent lower urinary tract infections</u> Route: Oral 1g every 12 hours
Administration	<u>Oral</u> Can be taken with or without food NB: efficacy is reduced if taken with medications that change the pH of urine (eg. Ural®, Citralite®, Citravescent®).
Pregnancy	1st Trimester: Safe to use 2nd Trimester: Safe to use 3rd Trimester: Safe to use
Breastfeeding	Considered safe to use
Clinical Guidelines and Policies	WNHS Policy: Antimicrobial Stewardship at KEMH WNHS Guideline: Urinary Tract Infection- Antibiotic Treatment For
References	Australian Medicines Handbook. Methenamine Hippurate. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2017 [cited 2018 Jan 6]. Available from: https://amhonline.amh.net.au/ The Royal Women's Hospital. Methenamine hippurate. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2016 [cited 2018 Jan 6]. Available from: https://thewomenspbmg.org.au/

Methenamine hippurate (hexamine hippurate) – Adult Medication Monograph

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