



ADULT Medication Monograph

METOPROLOL



This document should be read in conjunction with this [DISCLAIMER](#)

[Formulary: Unrestricted](#)

[Formulary: Restricted \(controlled release tablets\)](#)

Class	Beta-blockers
Presentation	Tablet: 50mg, 100mg Ampoule: 5mg/5mL
Storage	Store at room temperature, below 25°C
Dose	<u>Hypertension</u> Oral: Oral Initially: 25 – 100mg daily in one or two doses Maintenance: 50-100mg once or twice daily <u>Tachyarrhythmia</u> Oral: 25-100mg twice daily IV: 5 mg (1–2 mg/minute) repeated at 5-minute intervals if necessary, for up to three doses
Administration	Refer to the Australian Injectable Drugs Handbook
Pregnancy	1st Trimester: Considered safe to use 2nd Trimester: Monitoring required 3rd Trimester: Monitoring required For more information, please contact KEMH Obstetric Medicines Information Service .
Breastfeeding	Considered safe to use
Monitoring	Monitor ECG and BP continuously during IV administration

Clinical Guidelines and Policies	KEMH Clinical Guidelines: Pre-operative Medication Management KEMH Pharmaceutical & Medicines Management Guidelines: KEMH Pharmaceutical & Medicines Management Guideline: Medication Administration
References	Australian Medicines Handbook. Metoprolol. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2020 [cited 2020 May 1]. Available from: https://amhonline.amh.net.au/ Therapeutic Guidelines. Blood Pressure Reduction. In: eTG complete [Internet]. West Melbourne (Victoria): Therapeutic Guidelines; 2020 [cited 2020 May 1]. Available from: https://tgidcdp.tg.org.au The Royal Women's Hospital. Metoprolol. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2020 [cited 2020 May 1]. Available from: https://thewomenspbmg.org.au/ Society of Hospital Pharmacists of Australia. Labetalol. In: Australian Injectable Drugs Handbook [Internet]. [St Leonards, New South Wales]: Health Communication Network; 2020 [cited 2020 May 1]. Available from: http://aidh.hcn.com.au

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