





ADULT

**MICROLAX<sup>®</sup>**

This document should be read in conjunction with this [DISCLAIMER](#)

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| <b>Presentation</b>                     | Enema: sorbitol 3.125 g, sodium citrate 450 mg, sodium lauryl sulfoacetate 45 mg (5 mL)  |
| <b>Dose</b>                             | <p><b><u>Constipation</u></b><br/><b>Rectal:</b> Administer contents of one enema rectally</p> <p><b><u>Bowel preparation</u></b><br/><b>Rectal:</b> Administer contents of one enema rectally</p>   |
| <b>Administration</b>                   | <p><b><u>Rectal</u></b><br/>Twist and pull the seal off the nozzle. Squeeze the tube slightly so that a drop of Microlax<sup>®</sup> smears the tip and thus makes insertion easier. Insert the nozzle fully into the rectum. Squeeze out the entire contents by squeezing the shoulder of the tube. Keeping the tube squeezed tightly, withdraw the nozzle.</p>   |
| <b>Pregnancy</b>                        | <p><b>1<sup>st</sup> Trimester:</b> Considered safe to use<br/><b>2<sup>nd</sup> Trimester:</b> Considered safe to use<br/><b>3<sup>rd</sup> Trimester:</b> Considered safe to use</p>   |
| <b>Breastfeeding</b>                    | Considered safe to use   |
| <b>Monitoring</b>                       | <p>Ensure adequate hydration to reduce the risk of dehydration and electrolyte disturbance</p> <p>Onset of action is 2–30 minutes after rectal administration</p>  |
| <b>Clinical Guidelines and Policies</b> | <p><a href="#">Bowel care</a><br/><a href="#">Postnatal: subsequent care</a><br/><a href="#">Nurse / Midwife Initiated Medications</a><br/><a href="#">Bowel Preparation Information for Transvaginal Pelvic Ultrasound</a></p>  |
| <b>References</b>                       | <p>Australian Medicines Handbook. Saline laxatives. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2017 [cited 2017 Nov 10]. Available from: <a href="https://amhonline.amh.net.au/">https://amhonline.amh.net.au/</a></p> <p>MIMS Australia. Microlax. In: MIMS Online [Internet]. St Leonards (New South Wales): MIMS Australia; 2016 [cited 2017 Nov 10]. Available from: <a href="https://www.mimsonline.com.au">https://www.mimsonline.com.au</a></p> |

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|  | The Royal Women's Hospital. Sorbitol. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2016 [cited 2017 Nov 10]. Available from: <a href="https://thewomenspbmg.org.au/">https://thewomenspbmg.org.au/</a> |
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