





ADULT

NIFEDIPINE

This document should be read in conjunction with this [DISCLAIMER](#)

Presentation	Immediate Release (IR) capsules: 10mg (SAS) Slow Release (SR) tablets: 30mg, 60mg
Dose	<p><u>Hypertension in Pregnancy (acute and ongoing)</u> Refer to Medical Management of Hypertension in Pregnancy</p> <p><u>Tocolysis</u> Oral: <i>Immediate release tablets:</i> Refer to Preterm Labour and PPROM</p> <p><u>Hypertension or Angina</u> Oral: <i>Immediate release tablets:</i> Initially 10–20 mg twice daily, increase to 20–40 mg twice daily <i>Slow release tablets:</i> Initially 30 mg once daily, increase slowly as required to maximum dose (see below)</p> <p><u>Maximum daily dose</u> <i>Angina:</i> 90mg <i>Acute hypertension:</i> 40mg per episode <i>Hypertension, Tocolysis:</i> 120mg</p>
Administration	<p>Oral: <i>Immediate release tablets for tocolysis:</i> The first 2 doses should be crushed or chewed to increase the rate of absorption <i>Slow release tablets:</i> Swallow tablet whole, do not crush or chew.</p>
Pregnancy	<p>1st Trimester: Considered safe to use 2nd Trimester: Considered safe to use 3rd Trimester: Considered safe to use Refer to the Obstetrics Medicines Information Service for more information.</p>

Breastfeeding	Considered safe to use <i>Refer to the Obstetrics Medicines Information Service for more information.</i>
Monitoring	BP, HR, facial flushing, headache
Clinical Guidelines and Policies	Medical Management of Hypertension in Pregnancy Preterm Labour PPROM Magnesium Sulphate for Neuroprotection of the Fetus
References	<p>Australian Medicines Handbook. Nifedipine. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2017 [cited 2017 Sep 29]. Available from: https://amhonline.amh.net.au/</p> <p>The Royal Women's Hospital. Nifedipine. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2017 [cited 2017 Sep 29]. Available from: https://thewomenspbmg.org.au/</p> <p>Therapeutic Guidelines. Pharmacological management of hypertension. In: eTG complete [Internet]. West Melbourne (Victoria): Therapeutic Guidelines; 2017 [cited 2017 Sep 29]. Available from: https://tgldcdp.tg.org.au</p> <p>SOMANZ Guideline for the Management of Hypertensive Disorders of Pregnancy 2014.</p>

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