



ADULT




NORFLOXACIN

This document should be read in conjunction with this [DISCLAIMER](#)

[Antimicrobial Restriction – Monitored](#)

Presentation	Tablet: 400mg	
Dose	<p><u>UTI resistant to other antibacterials</u></p> <p>Oral:</p> <p><i>Uncomplicated:</i> 400mg every 12 hours for 3 days</p> <p><i>Relapsing:</i> 400mg every 12 hours for 10-14 days</p>	
Administration	<p>Take 1 hour before, or 2 hours after meals for best absorption</p> <p>Drink plenty of fluids while taking</p> <p>Dairy products, antacids, iron, zinc or calcium supplements may reduce the absorption. Do not take within 2 hours of a norfloxacin dose</p>	
Pregnancy	<p>1st Trimester: Consider alternative</p> <p>2nd Trimester: Consider alternative</p> <p>3rd Trimester: Consider alternative</p>	<p>Maternal use of fluoroquinolones does not appear to be associated with an increased risk of major congenital malformation</p>
Breastfeeding	Considered safe to use	
Monitoring	<p>Tendon soreness or inflammation, numbness or tingling in fingers or toes</p> <p>Avoid sun exposure, wear protective clothing and use sunscreen while taking norfloxacin.</p> <p>Reduce dose in renal impairment</p>	
Clinical Guidelines and Policies	<p>Antimicrobial Stewardship (AMS) policy</p> <p>Urinary tract Infection: Antibiotic Treatment For</p>	
References	<p>Australian Medicines Handbook. Norfloxacin. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2017 [cited 2018 Jan 05]. Available from: https://amhonline.amh.net.au/</p>	

	<p>The Royal Women's Hospital. Norfloxacin. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2016 [cited 2018 Jan 05]. Available from: https://thewomenspbmg.org.au/</p> <p>Therapeutic Guidelines. Urinary Tract Infections. In: eTG complete [Internet]. West Melbourne (Victoria): Therapeutic Guidelines; 2017 [cited 2018 Jan 05]. Available from: https://tgldcdp.tg.org.au</p>
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