



ADULT

OSELTAMIVIR




This document should be read in conjunction with this [DISCLAIMER](#)

[Antimicrobial Restriction – Monitored](#)

Schedule 4 Restricted Medication

Presentation	Capsule: 75mg
Dose	<p><u>Influenza</u></p> <p>Oral: 75mg, 12 hourly for 5 days</p> <p><u>Post exposure prophylaxis (PEP)</u></p> <p>Oral: 75mg, once daily for 10 days. Begin treatment within 2 days of exposure (close contact with an infected person).</p>
Administration	<p><u>Oral</u></p> <p>Take with food to reduce nausea and vomiting if necessary Contents of capsule may be mixed in soft food, e.g. honey, yoghurt</p>
Pregnancy	<p>1st Trimester: Considered safe to use 2nd Trimester: Considered safe to use 3rd Trimester: Considered safe to use</p>
Breastfeeding	Considered safe to use
Monitoring	<p>Nausea, vomiting, headache Dose adjustment required in renal impairment</p>
Clinical Guidelines and Policies	<p>Antimicrobial Stewardship (AMS) policy Influenza-like illness</p>
References	<p>Australian Medicines Handbook. Oseltamivir. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2017 [cited 2018 Jan 08]. Available from: https://amhonline.amh.net.au/</p>

	<p>The Royal Women's Hospital. Oseltamivir. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2016 [cited 2018 Jan 08]. Available from: https://thewomenspbmg.org.au/</p> <p>Therapeutic Guidelines. Treatment of influenza for individual benefit. In: eTG complete [Internet]. West Melbourne (Victoria): Therapeutic Guidelines; 2017 [cited 2018 Jan 08]. Available from: https://tgldcdp.tg.org.au</p>
--	---

Keywords:	oseltamivir, influenza, flu, respiratory viral infection, Tamiflu, neuraminidase inhibitor		
Publishing:	<input checked="" type="checkbox"/> Intranet <input checked="" type="checkbox"/> Internet		
Document owner:	Chief Pharmacist		
Author / Reviewer:	KEMH Pharmacy Department		
Date first issued:	July 2015	Version:	3.0
Last reviewed:	Jan 2018	Next review date:	Jan 2021
Endorsed by:	Medicines and Therapeutics Committee	Date:	Jan 2018
Standards Applicable:	NSQHS Standards: 1  Clinical Care is Guided by Current Best Practice 3  Infection Control 4  Medication Safety		
Printed or personally saved electronic copies of this document are considered uncontrolled. Access the current version from the WNHS website.			