



ADULT



PICOPREP®

(Sodium picosulfate, Magnesium oxide, Citric acid, Aspartame)

This document should be read in conjunction with this [DISCLAIMER](#)

Presentation	Oral powder for solution: 15.5g
Dose	<p>Detailed instructions for food and drink consumption prior to the procedure should be given to the patient.</p> <p><u>Bowel Preparation</u></p> <p>Oral:</p> <p>Prepare dose as per instructions below. This is taken at 3pm the day before surgery (regardless if morning or afternoon procedure).</p>
Administration	<p><u>Oral:</u></p> <p>Dissolve the contents of ONE sachet in a glass of warm water (250mL). This may be chilled in a refrigerator before use, if preferred to mask the taste.</p> <p>At nominated time, drink the contents followed by another glass of water. Continue drinking approved clear fluids at least a glass per hour, as per guidelines.</p> <p>The first bowel motion usually occurs 2-3 hours after commencing the dose.</p>
Pregnancy	<p>1st Trimester: Consider alternative</p> <p>2nd Trimester: Consider alternative</p> <p>3rd Trimester: Consider alternative</p>
Breastfeeding	Considered safe to use
Clinical guidelines and policies	<p>Bowel Care</p> <p>Patient Booklet: Having an Operation (Pre-admission Clinic for Day of Surgery Admissions)</p> <p>Oncology Service: Pre-admission information for surgery – prep 1</p>
References	<p>Australian Medicines Handbook. Saline laxatives. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2017 [cited 2017 November 14]. Available from: https://amhonline.amh.net.au/</p>

	<p>The Royal Women's Hospital. Sodium Picosulfate. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2016 [cited 2017 November 14]. Available from: https://thewomenspbmg.org.au/</p> <p>MIMS Australia. Picoprep. In: MIMS Online [Internet]. St Leonards (New South Wales): MIMS Australia; 2016 [cited 2017 Nov 12]. Available from: https://www.mimsonline.com.au</p>
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