





ADULT

PYRIDOXINE (VITAMIN B6)

This document should be read in conjunction with this [DISCLAIMER](#)

Presentation	Tablet: 25mg, 100mg
Dose	<p><u>Nausea and vomiting during pregnancy</u></p> <p>Oral: 25–50 mg up to three times a day.</p> <p><u>Sideroblastic anaemia</u></p> <p>Oral: 100–200 mg daily in 1 or 2 doses.</p> <p><u>Adjunct to long-term isoniazid therapy</u></p> <p>Oral: 25 mg once daily.</p>
Administration	<p><u>Oral</u></p> <p>Take with or without food</p>
Pregnancy	<p>1st Trimester: Considered safe to use</p> <p>2nd Trimester: Considered safe to use</p> <p>3rd Trimester: Considered safe to use</p>
Breastfeeding	Considered safe to use
Clinical Guidelines and Policies	<p>Minor symptoms or disorders in pregnancy</p> <p>Pregnancy: First Trimester</p> <p>Patient Brochure: Morning Sickness</p> <p>Patient Booklet: Pregnancy, Birth and Your Baby</p>
References	Australian Medicines Handbook. Pyridoxine. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2017 [cited 2017 Nov 23]. Available from: https://amhonline.amh.net.au/

	<p>Australian Medicines Handbook. Nausea and vomiting. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2017 [cited 2017 Nov 23]. Available from: https://amhonline.amh.net.au/</p> <p>The Royal Women's Hospital. Pyridoxine. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2016 [cited 2017 Nov 23]. Available from: https://thewomenspbmg.org.au/</p> <p>Therapeutic Guidelines. Nausea and Vomiting in Pregnancy. In: eTG complete [Internet]. West Melbourne (Victoria): Therapeutic Guidelines; 2017 [cited 2017 Dec 12]. Available from: https://tgldcdp.tg.org.au</p>
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