





ADULT

TIBOLONE

This document should be read in conjunction with this [DISCLAIMER](#)

Presentation	Tablet: 2.5mg
Dose	<u>Relief of menopause symptoms</u> Oral: 2.5mg daily <u>Prevention of postmenopausal osteoporosis (not first line)</u> Oral: 2.5mg daily
Administration	Oral: Take with or without food
Pregnancy	1st Trimester: Contraindicated 2nd Trimester: Contraindicated 3rd Trimester: Contraindicated
Breastfeeding	Consider alternative
Monitoring	Breakthrough bleeding
Clinical Guidelines and Policies	Management of Menopause after Breast cancer
References	Australian Medicines Handbook. Tibolone. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2017 [cited 2017 Nov 10]. Available from: https://amhonline.amh.net.au/ The Royal Women's Hospital. Tibolone. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2016 [cited 2017 Nov 10]. Available from: https://thewomenspbmg.org.au/ MIMS Australia. Livial. In: MIMS Online [Internet]. St Leonards (New South Wales): MIMS Australia; 2016 [cited 2017 Apr 12]. Available from: https://www.mimsonline.com.au

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