





ADULT

# URSODEOXYCHOLIC ACID (UDCA)

This document should be read in conjunction with this [DISCLAIMER](#)

<b>Presentation</b>	Capsule: 250mg Oral liquid: 50mg/mL
<b>Dose</b>	<b><u>Obstetric cholestasis</u></b> <b>Oral:</b> 10-15mg/kg daily in 2 or 3 doses (usually 250-500mg 3 times each day). Adjust dose according to response.  <b><u>Chronic cholestatic liver disease</u></b> <b>Oral:</b> Primary biliary cirrhosis: 12-16mg/kg daily in 2 or 3 doses Primary sclerosing cholangitis: 10-15mg/kg daily in 2 or 3 doses
<b>Administration</b>	<b><u>Oral</u></b> Can be taken with or without food Capsules can be opened and dispersed in water or mixed with yoghurt or apple puree
<b>Pregnancy</b>	<b>1<sup>st</sup> Trimester:</b> Consider alternative <b>2<sup>nd</sup> Trimester:</b> Considered safe to use <b>3<sup>rd</sup> Trimester:</b> Considered safe to use
<b>Breastfeeding</b>	Considered safe to use
<b>Monitoring</b>	Liver function and bilirubin each month for first 3 months then every 3 months.
<b>Clinical Guidelines and Policies</b>	<a href="#">Cholestasis in pregnancy</a>
<b>References</b>	Australian Medicines Handbook. Ursodeoxycholic acid. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2017 [cited 2018 Jan 6]. Available from: <a href="https://amhonline.amh.net.au/">https://amhonline.amh.net.au/</a>

	<p>MIMS Australia. Ursodeoxycholic acid GH. In: MIMS Online [Internet]. St Leonards (New South Wales): MIMS Australia; 2016 [cited 2018 Jan 6]. Available from: <a href="https://www.mimsonline.com.au">https://www.mimsonline.com.au</a></p> <p>The Royal Women's Hospital. Folic acid. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2016 [cited 2018 Jan 6]. Available from: <a href="https://thewomenspbmg.org.au/">https://thewomenspbmg.org.au/</a></p>
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