2018
Women’s Health Strategy and Programs
Perinatal and Infant Mental Health

Women’s Health Strategy & Programs provides training to improve the health and safety of families in WA Health.

The Uses and Misuses of the Edinburgh Postnatal Depression Scale
This training is designed to assist health professionals and others in using the Edinburgh Postnatal Depression Scale (EPDS). Other ancillary questions have been included to support health professionals with perinatal screening.
Recommended for health professionals working with families during the antenatal and postnatal period.
Duration 4 hours

<table>
<thead>
<tr>
<th>Dates:</th>
<th>Friday 19th January, Thursday 6th June, Thursday 9th August, Monday 15th October</th>
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<tbody>
<tr>
<td>Location:</td>
<td>KEMH, Subiaco WA, Special Dining Room</td>
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<tr>
<td>Time:</td>
<td>9:00am – 13:30pm</td>
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Perinatal Anxiety Disorders
This module is possibly the first of its kind in Australia giving participants an introduction to anxiety in the perinatal period. Prevalence and the types of anxiety disorders will be explored, along with engagement, screening and treatment.
Recommended for health professionals working with families in the perinatal period including general practitioners, child health nurses and midwives.
Duration Full day

<table>
<thead>
<tr>
<th>Dates:</th>
<th>Monday 12th March, Thursday 17th May, Thursday 13th September</th>
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<tbody>
<tr>
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<td>KEMH, Subiaco WA, Special Dining Room</td>
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<td>Time:</td>
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The Perinatal Anxiety Screening Scale
This new training module is designed to introduce the Perinatal Anxiety Screening Scale (PASS). Developed by the KEMH Department of Psychological Medicine to ensure early targeted intervention for women with mood and anxiety disorders and reduce the impact of disrupted parenting.

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<tr>
<th>Dates:</th>
<th>Wednesday 7th February, Tuesday 24th April, Friday 6th July, Wednesday 7th November</th>
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Charges may apply in 2018

Presenters are also available to provide training at your workplace on request. Talks can be tailored to meet the needs of your organisation or group.

Training using videoconferencing available for rural and remote regions.

Please complete the registration form and send to lea.davidson@health.wa.gov.au
Participants will receive a confirmation email once their form has been submitted.

WHS&P Perinatal & Infant Mental Health training available to all Government and Non-Government health staff.