

Medical day unit patient information brochure.





Exceptional Care from Exceptional Staff for **Exceptional People**

Welcome to the Medical Day Unit (MDU). We are a nurse-led unit of dedicated staff. We strive to provide a comfortable, relaxing and friendly environment for all our patients. We believe that being well informed is crucial to your treatment and recovery. We aim to offer all our patients comprehensive and compassionate care that is personalised to meet each patient's specific needs.

What do we do?

MDU provides outpatient appointments and same day admission for patients requiring treatment or procedures to support care within Royal Perth Hospital.

Our services include:-

Chemotherapy

Blood product transfusions

Immunoglobulins

Venesections

Monoclonal antibodies

Apheresis

Diagnostic procedures e.g. Lumbar punctures.

Iron infusions

Our team of highly motivated nurses are skilled in cannulation and phlebotomy. We are also an educational resource for patients and staff in managing intravenous or central lines.



What do you need to know for the day of your treatment?

Please arrive at the reception desk 10 minutes before your appointment time. Our receptionist will take your personal details and guide you to the waiting area.

Please note:

- You must bring your regular medications with you; especially your insulin and pain medications.
- We understand that this can be a worrying and anxious time for you and your family and highly recommend that you bring a support person with you.
- We provide hot and cold beverages and a light lunch. You are welcome to bring your own food to suit your own dietary requirements.
- We encourage you to bring your own entertainment with you e.g. iPad, book etc.
- Drink plenty of water before your appointment. It assists with your treatment and recovery if you are well hydrated prior to arriving on the unit.
- Treatment times can vary according to the type of treatment you will receive. We encourage you to wear loose comfortable clothing when you come.



How do we do it?

- Your nurse will greet you on arrival to the unit. A comprehensive health assessment will be performed prior to administration of treatment.
- We provide comfortable reclining treatment chairs in a purpose built treatment unit.
- We will focus on providing supportive care to you and provide you with information brochures about your treatment. Our priority is to keep you well informed in all aspects of your treatment.
- We encourage you to share your concerns with us and request further information if required.

Our Location

Level 2 South Block (A Block). Medical Day Unit Reception.

Hours: 8am to 6pm.

Contact number: 9224 2244.

