



ADULT MEDICATION GUIDELINE

Cabergoline

Scope (Staff): All WNHS Staff

Scope (Area): Obstetrics and Gynaecology

This document should be read in conjunction with the [Disclaimer](#).

Quick Links

[Dose](#)

[Administration](#)

[Monitoring](#)

[Pregnancy and
Breastfeeding](#)

Restrictions

[Formulary: Restricted](#)

Medication Class

Dopamine agonist, Ergot derivative

Presentation

Tablet: 500microgram

Storage

Store at room temperature, below 25°C

Dose

Prevention of onset of lactation

Oral:

1mg as a single dose on during the first day postpartum

Established lactation suppression

Oral:

0.25mg (250microgram) every 12 hours for 2 days for a total of 1mg

Administration

Oral

Take with food to lessen the chance of nausea or stomach upset

Monitoring

Milk supply, dizziness and drowsiness, short of breath/cough/chest pain, change in behaviour

Pregnancy

1st Trimester: Consider alternative

2nd Trimester: Consider alternative

3rd Trimester: Consider alternative

Breastfeeding

Contraindicated - Cabergoline inhibits prolactin secretion and suppresses lactation.

Related Policies, Procedures & Guidelines

WNHS Clinical Practice Guidelines:

[Newborn Feeding and Maternal Lactation Clinical Guidelines](#)

[Mastitis and Breast Abscess Management](#)









References

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U.S. National Library of Medicine. Cabergoline. In: Drugs and Lactation Database (LactMed) [Internet]. Bethesda (MD): U.S. National Library of Medicine; 2022 [cited 2022 Apr 27]. Available from: <https://www.ncbi.nlm.nih.gov/books/NBK501327/>

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