



## ADULT MEDICATION GUIDELINE

# IBUPROFEN

**Scope (Staff):** All WNHS Staff

**Scope (Area):** Obstetrics and Gynaecology

This document should be read in conjunction with the [Disclaimer](#).

### Quick Links

[Dose](#)

[Administration](#)

[Monitoring](#)

[Pregnancy and  
Breastfeeding](#)

### Restrictions

[Formulary: Unrestricted](#)

### Medication Class

Nonsteroidal Anti-inflammatory Drug (NSAID)

### Presentation

**Tablet:** 200mg, 400mg

**Suspension:** 100mg/5mL

**Vial:** 800mg/8mL (Non-Formulary) [IPA Required](#)

### Storage

Store at room temperature, below 25°C

### Dose

Schedule 8 Medication

#### Analgesia

**Oral:** 200–400 mg 3 or 4 times a day. Up to 2400 mg daily may be used short term

### Administration

#### Oral

Take with or soon after food

**IV Infusion****Step 1 Dilution:**

Dilute to a final concentration of 4 mg/mL or less

**For an 800 mg dose:**

Dilute 8 mL in at least 200 mL of glucose 5%, sodium chloride 0.9%, or Hartmann's

**For a 400 mg dose:**

Dilute 4 mL in at least 100 mL of glucose 5%, sodium chloride 0.9%, or Hartmann's

**Step 2 Administration:**

Infuse over 30 minutes

**Monitoring**

**Renal:** Avoid use if CrCl <25 mL/minute

**Hepatic:** Contraindicated in severe impairment

**Pregnancy**

**1<sup>st</sup> Trimester:** Consider alternative

**2<sup>nd</sup> Trimester:** Consider alternative

**3<sup>rd</sup> Trimester:** Consider alternative

For more information, please contact [KEMH Obstetric Medicines Information Service](#).

**Breastfeeding**

Safe to use

**Comments**

Regular oral NSAIDs may be commenced as soon as 1 hour after IV parecoxib or 2 hours after rectal diclofenac.

**Related Policies, Procedures & Guidelines****WNHS Clinical Practice Guidelines:**

[Perineal care and repair: Protection, Assessment, and Management \(includes episiotomy,](#)

[infiltration, suturing, third/fourth degree tears\)](#)

[Labour and Post-operative Analgesia](#)

[Palliative Care](#)

Breastfeeding Challenges: [Mastitis and Breast Abscess Management](#)

[Pharmacist Initiated Medications](#)

[Endorsed Midwives Prescribing](#)

[Pre-operative Medication Management](#)

**WNHS Pharmaceutical and Medicines Management Guidelines:**

[WNHS Medication Management Guideline “Return and Disposal of Medications”](#)

## References









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