



ADULT MEDICATION GUIDELINE

Iron Polymaltose

Scope (Staff): All WNHS Staff

Scope (Area): Obstetrics and Gynaecology

This document should be read in conjunction with the [Disclaimer](#).

Quick Links

[Dose](#)

[Administration](#)

[Monitoring](#)

[Pregnancy and Breastfeeding](#)

Restrictions

Injection and Oral Liquid: [Formulary: Unrestricted](#)

Tablet: Non-Formulary - [IPA Required](#)

Medication Class

Drug for anaemia

Presentation

Ampoule: 100mg/2mL

Maltofer® Products: *(not available at KEMH)*

Tablet: 370mg (equivalent to 100mg elemental iron)

Syrup: 370mg (equivalent to 100mg elemental iron) per 10mL

Storage

Store at room temperature, below 25°C. Protect from light.

Dose

Iron Deficiency Anaemia

Intravenous Infusion:

Refer to WNHS Clinical Guideline [Iron therapy: Intravenous](#)

Administration

Refer to the [Australian Injectable Drugs Handbook](#)

Monitoring

Respiratory rate, oxygen saturation, heart rate, blood pressure, temperature and conscious state.

Pregnant women should have a fetal heart rate recorded prior to and following infusion.

Follow up full blood picture and iron studies one month post infusion.

Pregnancy

1st Trimester: Oral tablet safe to use. Avoid infusion in the first trimester.

2nd Trimester: Safe to use

3rd Trimester: Safe to use

Breastfeeding

Safe to use

Related Policies, Procedures & Guidelines

WNHS Clinical Practice Guidelines:

[Iron therapy: Intravenous](#)

[Anaemia and iron deficiency: Management in pregnancy and postpartum](#)

[Pregnancy care: First trimester complications](#)

[Bowel Care](#)

References









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