



ADULT MEDICATION GUIDELINE

OSELTAMIVIR

Scope (Staff): All WNHS Staff

Scope (Area): Obstetrics and Gynaecology

This document should be read in conjunction with the [Disclaimer](#).

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Restrictions

[Formulary: Restricted](#)

Medication Class

Antiviral – neuraminidase inhibitor

Presentation

Capsule: 75mg

Storage

Store at room temperature, below 25°C

Dose

Influenza

Oral:

75mg, 12 hourly for 5 days

Post exposure prophylaxis (PEP)

Oral:

75mg, once daily for 10 days. Begin treatment within 2 days of exposure (close contact with an infected person).

Administration

Oral

Take with food to reduce nausea and vomiting if necessary

Contents of capsule may be mixed in soft food, e.g. honey, yoghurt

Monitoring

Nausea, vomiting, headache

Reduce dose if CrCl <60 mL/minute

Pregnancy

1st Trimester: Considered safe to use

2nd Trimester: Considered safe to use

3rd Trimester: Considered safe to use

Breastfeeding

Considered safe to use

Comments

Treatment: this medicine is intended to shorten the time you have symptoms, such as fever, headache, sore muscles, cough and sore throat.

Prevention: you may get flu even if you are taking this medicine.

Related Policies, Procedures & Guidelines

WNHS Clinical Practice Guidelines:

[Antimicrobial Stewardship \(AMS\) policy](#)

[Influenza-like illness](#)

[Endorsed Midwives Prescribing](#)









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The Royal Women's Hospital. Oseltamivir. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2021 [cited 2021 Aug 10]. Available from: <https://thewomenspbmg.org.au/>

Keywords	oseltamivir, influenza, flu, respiratory viral infection, Tamiflu, neuraminidase inhibitor				
Document Owner:	Chief Pharmacist				
Author/ Reviewer	KEMH Pharmacy Department				
Version Info:	4.0				
Date First Issued:	31/07/2015	Last Reviewed:	31/07/2018 10/08/2021	Review Date:	31/08/2024
Endorsed by:	Medicines and Therapeutics Committee			Date:	16/09/2021
NSQHS Standards Applicable:	<input checked="" type="checkbox"/>  Std 1: Clinical Governance <input type="checkbox"/>  Std 2: Partnering with Consumers <input checked="" type="checkbox"/>  Std 3: Preventing and Controlling Healthcare Associated Infection <input checked="" type="checkbox"/>  Std 4: Medication Safety		<input type="checkbox"/>  Std 5: Comprehensive Care <input type="checkbox"/>  Std 6: Communicating for Safety <input type="checkbox"/>  Std 7: Blood Management <input type="checkbox"/>  Std 8: Recognising and Responding to Acute Deterioration		
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