



ADULT MEDICATION GUIDELINE

Tibolone

Scope (Staff): All WNHS Staff

Scope (Area): Obstetrics and Gynaecology

This document should be read in conjunction with the [Disclaimer](#).

Quick Links

[Dose](#)

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[Pregnancy and Breastfeeding](#)

Restrictions

[Formulary: Unrestricted](#)

Medication Class

Hormone Replacement Therapy

Presentation

Tablet: 2.5mg

Storage

Store at room temperature, below 25°C

Dose

Schedule 8 Medication

Relief of menopause symptoms

Oral: 2.5mg daily

Prevention of postmenopausal osteoporosis when there is a high risk of fractures and alternative treatment is inappropriate

Oral: 2.5mg daily

Monitoring

Monitor for vaginal bleeding or spotting that persists for >6 months while taking tibolone; vaginal bleeding or spotting that starts after 6 months of tibolone or that continues after tibolone is stopped.

Pregnancy

1st Trimester: Contraindicated

2nd Trimester: Contraindicated

3rd Trimester: Contraindicated

Breastfeeding

Consider alternative

Comments

Contraindicated in women with cerebrovascular or coronary artery disease

Contraindicated in severe liver disease

Contraindicated in women with a known, past or suspected breast cancer

Related Policies, Procedures & Guidelines

WNHS Clinical Practice Guidelines:

[Menopause & Menopausal Symptoms](#)

[Gynaecology \(Non-oncological\)](#)

[Pre-operative Medication Management](#)

WNHS Pharmaceutical and Medicines Management Guidelines:









[WNHS Medication Management Guideline "Return and Disposal of Medications"](#)

References

Australian Medicines Handbook. Tibolone. In: Australian Medicines Handbook [Internet]. Adelaide (South Australia): Australian Medicines Handbook; 2021 [cited 2021 Aug 03]. Available from: <https://amhonline.amh.net.au/>

The Royal Women's Hospital. Tibolone. In: Pregnancy and Breastfeeding Medicines Guide [Internet]. Parkville (Victoria): The Royal Women's Hospital; 2021 [cited 2021 Aug 03]. Available from: <https://thewomenspbmg.org.au/>

MIMS Australia. Tibolone (Livial®). In: MIMS Online [Internet]. St Leonards (New South Wales): MIMS Australia; 2021 [cited 2021 Aug 03]. Available from: <https://www.mimsonline.com.au>

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