

# **Maternal Fetal Medicine Service**

King Edward Memorial Hospital's Maternal Fetal Medicine (MFM) Service is the tertiary referral centre for highrisk pregnancies or complicated pregnancies in Western Australia.

Our service cares for women who have medical problems that could affect their baby. We also care for women whose unborn baby may have a medical diagnosis. The baby might have a physical abnormality (such as cleft lip, heart defect or kidney problems) or a growth or developmental problem.

We perform scans and other tests to tell us more about the baby's problem so that we can plan appropriate care for the mother and her baby for the remainder of her pregnancy.

Some of the diagnostic tests we perform include amniocentesis and chorionic villus sampling (CVS). We will provide you with information about these tests if you are required to have one.

The MFM clinics provides a dedicated multidisciplinary team to care for mothers and babies. This team may include physicians, haematologists, neonatologists, paediatric surgeons, paediatric cardiologists, geneticists, genetic counsellors, psychologists and social workers.

We understand that this can be a very anxious time for parents and our role is to support you during and after your visit. You can also contact us if you have any questions or if you feel that you may need extra support at any time throughout your pregnancy.

### The Gold Team

A team of specialist doctors, midwives and sonographers will perform most of your scans and/or procedures and will provide you with support. They will develop a care and treatment plan for you and your baby.

All high-risk pregnancies are cared for by the **Gold Team**. You will be seen in our clinic and/or in the Ultrasound Department.

Your healthcare team
Doctors:
Midwives:
Other:

# Remember we can offer you

- Support and care during your pregnancy
- Information and advice on your specific complications
- Close medical monitoring during pregnancy in our clinic and/or in the Ultrasound Department
- · Counselling services.

It is important to keep all your appointments.

This will ensure your pregnancy is closely monitored for your health and that of your baby.

## **Useful contact details**

MFM midwives Ph: (08) 6458 2843  MFM administration Ph: (08) 6458 2845	This team helps to coordinate your care during pregnancy and is your main point of contact. Midwives are contactable between 8am and 9am on weekdays or you can leave a message.  In an emergency or after hours, call the Maternal Fetal Assessment
Maternal Fetal Assessment Unit (MFAU) Ph: (08) 6458 2222	Unit (see below).  24-hour emergency service for pregnancy issues after 20 weeks, fetal monitoring and other services.
Mental Health Services Ph: (08) 6458 1521 Monday-Friday, 8.30am-4.30pm	KEMH has expertise in women's mental health. If you are worried about your mental health, please let the MFM team know and we will refer you to the Mental Health Services team.
<b>Social workers</b> Ph: (08) 6458 2777	Social workers can help you with various support services and resources as required.
<b>Pastoral Care</b> Ph: (08) 6458 1726	The team can help meet the spiritual and/or religious needs of you and your family.
<b>Genetic Services</b> Ph: (08) 6458 1525	Geneticists and genetic counsellors provide information, counselling and support for individuals, couples and families following a diagnosis of a genetic condition or when an abnormality is found in a baby.
Physiotherapy Department Ph: (08) 6458 2790	Women who are having their baby at KEMH can access physiotherapy services during pregnancy and 6 months from birth.
Nutrition and Dietetics Department Ph: (08) 6458 2865	Our dieticians provide nutritional assessment, education and counselling to all MFM patients.



The information provided is for information purposes only. If you are a patient using this publication, you should seek assistance from a healthcare professional when interpreting these materials and applying them to your individual circumstances.

Compiled by Maternal Fetal Medicine Unit



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