



Sexual Assault Resource Centre

Information for patients



The Sexual Assault Resource Centre (SARC) is a free service for people of all sexualities and gender identities, aged 13 years and above, providing:

- Crisis services, including medical care, forensic collection and psychological support, to people who have experienced a recent sexual assault (rape) in the past two weeks; and
- Counselling for sexual assault/abuse experienced either recently or in the past

SARC services are part of the Western Australian Department of Health.

There is support available to help you, you don't need to cope alone.



SARC crisis service

If you live in the Perth or Peel areas, and you have been sexually assaulted or raped in the past two weeks, SARC can provide:

Medical services related to sexual assault

- This includes testing for and treatment of sexually transmitted infections (STIs); and information relating to pregnancy including access to free emergency contraception.

Forensic evidence collection

- A SARC doctor can do an examination to look for and collect evidence. This is best done as soon as possible after the assault. If you are uncertain about reporting to police, forensic evidence can be collected and stored for six months to give you time to make a decision.

Crisis counselling services

- SARC offers crisis phone support between 8.30am and 11pm each day.

SARC counselling service

Counselling is available for any sexual trauma experienced, either recently or in the past. Counselling is offered from Subiaco and other centres throughout Perth.

If you or someone you know has experienced sexual trauma, there is support and information available to help.

Regional WA

If you live in a regional area, and you have been sexually assaulted or raped in the past two weeks, see a doctor (or nurse) as soon as possible.

If you're injured, call an ambulance or go to a hospital Emergency Department or nursing post as soon as possible.

If you are not injured, but are seeking emotional support, contact your local sexual assault service, or a local support service. Services in WA can be found on the SARC website under 'Information and Resources' (see below).

If you have been sexually assaulted in the past two weeks

Call the SARC Crisis Line on 6458 1828 (see below for additional contact numbers).

After speaking to SARC on the phone, arrangements may be made for the SARC crisis team to see you.

SARC offers medical and counselling follow-up after your appointment.

Getting support

Sexual assault is a traumatic experience and may affect you in many ways.

You may find it helpful to speak with a trusted person you know and/or to contact SARC or another support service.

There is a selection of information resources for survivors of sexual trauma and their supporters on the SARC website (see below).

The SARC team is available to support people who have experienced sexual trauma.



Contact SARC

Crisis line for recent sexual assaults, 24 hours, 7 days

**Crisis phone support
8.30am–11pm**

(08) 6458 1828 or 1800 199 888
(free call from landlines)

Request a counselling appointment, make a referral or request advice

(08) 6458 1828
8.30am – 4.30pm,
Monday - Friday

Change or cancel a counselling appointment, and other general enquiries

(08) 6458 1820
8.30am – 4.30pm,
Monday - Friday

For more information about sexual violence and services available, go to the Sexual Assault Resource Centre website

[www.kemh.health.wa.gov.au/
Other-Services/SARC](http://www.kemh.health.wa.gov.au/Other-Services/SARC)

This document can be made available in alternative formats on request.