



# MANDATORY TRAINING AND SIMULATION

| Compulsory In-Service<br>HBLS/RRAD, NNR, MH, Donning & Doffing   | Induction<br>All new staff   | Day 2  | ALS  | Advanced<br>neoResus   |
|--|--|--|--|--|
| Jan 30th<br>Feb 6th, *13th, 27th<br>Mar 5th, 27th<br>Apr *1st, 10th, *17th, *24th<br>May 1st, *8th, 29th<br>Jun 4th, *12th, *19th, 26th<br>Jul *8th, 17th, *31st<br>Aug 7th, *14th, *28th<br>Sep 4th, 11th, *25th<br>Oct 2nd, *8th, 16th, *23rd<br>Nov 5th, *13th, *20th, 27th<br>Dec 9th, *18th<br><br>*Midwives only | Jan 20th<br>Mar 17th<br>May 12th<br>Jun 23rd<br>Aug 11th<br>Sep 22nd<br>Nov 17th | Jan 21st<br>Mar 18th<br>May 13th<br>Jun 24th<br>Aug 12th<br>Sep 23rd<br>Nov 18th | Mar 11th<br>May 20th<br>Jul 1st<br>Jul 29th <b>NEW</b><br>Aug 19th<br>Oct 28th | Jan 22nd<br>Feb 5th<br>Mar 19th<br>Apr 16th<br>May 7th<br>Jun 11th<br>Jul 2nd<br>Aug 6th<br>Sep 3rd<br>Oct 1st<br>Nov 12th<br>Dec 10th |

| FSEP  | NeoResus 1st<br>Responder  | PROMPT  | PROMPT -<br>Postnatal | Gynae<br>InTime     | Anaesthetic<br>SIM |
|---|--|---|-----------------------|---------------------|--------------------|
| Feb 3rd, 28th<br>May 2nd<br>Jul 25th<br>Aug 8th, 29th<br>Oct 24th | Apr 3rd<br>May 22nd<br>Jul 24th<br>Aug 21st<br>Nov 14th <b>NEW</b> | Mar 6th<br>May 15th<br>Jul 3rd<br>Sep 19th<br>Oct 13th<br>Nov 6th | Feb 20th<br>Dec 4th   | Jun 5th<br>Oct 31th | Feb 4th<br>Aug 5th |





# BREASTFEEDING BASICS AND BEYOND

## Breastfeeding Matters

- A series of 5 half-day study days (4 hours) F2F
- Covers a variety of topics:
  - 30th April* Breastfeeding skills workshop
  - 7th May* Breastfeeding case studies
  - 14th May* Breastfeeding the baby with risk factors
  - 21st May* Breastfeeding with breast/nipple risk factors
  - 28th May* Breastfeeding beyond discharge

## Breastfeeding Policy

- Full day study day (8 hours - pre-reading and F2F)
  - BFHI Group 1
  - Mandatory training requirement for newly employed WNHS staff who will be working with breastfeeding mothers and their babies and is a BFHI requirement
  - Also recommended for continuing staff to communicate any changes to breastfeeding policy
- 31st Jan, 27th Feb, 9th April, 25th June, 28th August, 15th Oct, 3rd Dec*

## More about Breastfeeding

- Two half-day study days (4 hours) F2F
- Learn more about breastfeeding:
  - 12th March* Discussions around handheld record, ACE study, latest research
  - 12th Nov* BFHI, Twins/BF multiples, BF myths and misconceptions





# BIRTH AND BEYOND

## Birth

- Full day study day (8 hours) F2F
- Focuses on strategies to support and maintain Normal Birth in both low and high-risk setting. Varying updates from interesting and relevant presenters.

*25th November*

## Endorsed Midwives

- Full day study day (8 hours) F2F
- Provides CPD specific to midwifery endorsement.
- Endorsed midwives as well as those who are interesting in gaining endorsement are encouraged to attend to expand their knowledge and understanding around midwifery scope of practice, prescribing, and the responsibilities associated with gaining endorsement.
- Covers midwife prescribing, ordering and interpreting diagnostics, the scope of practice of the endorsed midwife and endorsement in different care settings.

*22nd October*

## Postnatal/Neonatal care

- Full day study day (8 hours) F2F
- A course that explores the challenges and practices unique to postnatal care including new perspectives in postnatal care, lived experiences and innovations in midwifery care in the postnatal setting.

*4th March*



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# ADVANCING CLINICAL SKILLS

## Full Physical Examination of the Newborn

- Half day study day (4.5 hours) F2F and eLearning (25 hours)
- For midwives who are completing the 12-month Full Physical Examination of the Newborn for Midwives course
- Helps midwives develop their knowledge and skills in Full Physical Examination of the normal low risk newborn
- Skills obtained: red eye reflex examination, hip examination, cardiac examination and abdominal palpation

*17th September*

## IV Cannulation Course (Adult)

- 2 hour workshop(1000-1200)
- Practical IV cannulation training
- Required to complete clinical competency requirements within a 6-month timeframe

*29th April, 14th October*

## Perineal Repair and Assessment

- Half day study day (4 hours) F2F plus eLearning
- Recommended for staff working towards achieving their perineal repair competency
- Practical and theoretical perineal suturing training - opportunity to perform perineal repair skills on training models

*8th April, 22nd July, 4th November*





# SPECIALTIES AND COMPLEX CARE

## Enhanced Recovery After Surgery (ERAS)

- Full day study day (8 hours) F2F
- Explores measures that should be taken to enhance recovery for the surgical patient

*2nd December*

## Diabetes in Pregnancy

- Two full day study days (8 hours) F2F

*14th March* Entry level

*17th Oct* Advanced level

## High Dependency Care

- A full day study day (8 hours) F2F
- Explores care for high-risk women (gynae and obstetric) requiring intensive management

*7th April, 16th September*

## Midwifery Complex Care

- Full day study day (8 hours) F2F
- Explores complex issues midwives and nurses may face across the childbirth continuum

*30th July*

## Pain Management

- Full day study day (8 hours) F2F
- Overview of challenges and innovations in managing pain in a complex setting

*26th September*

## Blood Management

- Half day study day (4 hours) F2F
- Explores complexities of blood management in obstetrics and gynaecology

*12th August*

## Sepsis (Infection)

- Full day study day (8 hours) F2F
- Explores sepsis in obstetrics and gynaecology context

*12th September*

## WANDAS

- A full day (8 hours) F2F study day
- WANDAS management, comorbidities, psychosocial aspects and latest updates

*21st October*



# MENTAL HEALTH MATTERS

## Anxiety Disorders in the Perinatal Period

- Full day study day (8 hours) F2F
- Covers impact of anxiety, common anxiety disorders, screening & treatment and case studies  
*Feb 11th, April 30th, July 28th, Oct 14th*

## Mental Health First Aid Course

- 2-3 F2F sessions in series (**MUST attend all in series**), equates to 12 hours
- Successful completion of series and short online assessment equips you as an accredited Mental Health First Aider (lasts 3 years)
- Provides the skills & confidence to recognise & respond to mental health problems or crisis  
*Series 1: 17th Mar, 31st Mar | Series 2: 9th Jun, 23rd Jun, 7th Jul | Series 3: 22nd Sep, 13th Oct*

## Mental Health First Aid Refresher Course

- Half-day study day (4 hours) F2F
- To be completed as a refresher 3 years after the above course to maintain accreditation  
*2nd April, 27th Oct*

## Perinatal Mental Health Screening & Management

- 6 hour study day F2F
- Provides health professionals with an understanding of perinatal mental health disorders  
*26th March, 3rd June, 21st Aug, 4th Nov*

## Perinatal & Infant Mental Health Study Day

- Full day study day (8 hours) F2F
- Improve knowledge & understanding of mental health implications within the perinatal period  
*3rd November*

## PIP-MC

- Full day study day (8 hours) F2F
- A SIM-based, interprofessional mental health education program  
*25th Feb*

## Vicarious Trauma

- Half-day study day (2-2.5 hours with optional yoga) F2F
- Examines the possible impacts on professionals working with clients who have experienced trauma and hardship, or content that is confronting  
*18th Feb, Oct 14th*





# WOMENS HEALTH & BEYOND

## Diversity and Inclusion Series

- A series of 5 half-day (4 hours) F2F study days covering a variety of topics:

*23rd July* LGBTQIA+

*17th Sept* Cultural and religious diversity

*7th October* Neurodiversity in health

## Insights into Women's Cancer Care

- Full day study day (8 hours) F2F
- Explores the management of cancers affecting women's reproductive health

*21st November*

## Perinatal Loss Series

- A series of 4 half-day study days (4 hours) F2F covering a variety of topics:

*29th April* Pregnancy loss prior to 20 weeks

*27th May* Pregnancy loss after 20 weeks

*10th June* Grief and the future

## Perioperative Care

- Full day study day (8 hours) F2F
- Offers key insights into perioperative services at KEMH

*25th September*

## Sexual and Reproductive Health (SRH)

- Full day study day (8 hours) F2F
- Explores topics related to women's SRH e.g. STIs, abortion, fertility, menopause, endo, etc

*3rd September*

## Urogynaecology

- Half day study day (4 hours) F2F
- Diagnosis & management of uro-gynae issues for women with pelvic floor dysfunction

*24th July*

## Maternity Providers Care Network

- 2 hour online teams sessions, see flyers for topics

*10th Feb, 10th Mar, 14th Apr, 12th May, 9th Jun, 14th Jul, 11th Aug, 8th Sep, 13th Oct, 10th Nov*

## Aboriginal Person Centred Care Training

- Full day study day (7 hours) F2F, various health locations
- Gain an understanding of different Aboriginal perspectives of health & wellbeing

*31st March, 29th July, 27th Oct*



# ELEVATING LEADERSHIP, PROFESSIONAL GROWTH & RESEARCH SKILLS



## Research & Innovations Symposium

- Full day symposium (8 hours) F2F
- Multidisciplinary and quality improvement forum for all WNHS and WA Health staff to share WNHS research and workshop ideas for service improvement

*28th October*

## Research & Quality Improvement Skills

- Full day study day (8 hours) F2F
- Learn how to develop a research question from scratch, navigate GEKO and RGS systems, improve your literature search skills & work with engaged teams to improve care in your area.

*9th May, **NEW** 24<sup>th</sup> October*

**\*Repeat sessions - please don't register if you have already attended**

## Teaching and Assessment Program (TAAP)

- Full day study day (8 hours) F2F
- Presentations & workshops to develop confidence in teaching, assessing & leadership skills
- Requirement for staff who teach and assess BLS and NNR

*13th March, 29th Oct*

## Emerging Leaders ANF Level 1

- Full day study day (8 hours) F2F
- For level 1 staff to support their development to a level 2 role. Topics include: Clinical leadership, values based conversations, JDF - selection criteria and duties, SQP, coordinating, human resources, mentorship, preceptorship and giving feedback

*21st Nov **NEW***

**\*Repeat sessions - please don't register if you have already attended**

## Emerging Leaders ANF Level 2

- Full day study day (8 hours) F2F
- For level 2 staff to support their development to an SRN role. Topics: Introduction to leadership, values based leadership, JDF - selection criteria and duties, developing your leadership capability, SQP, HR management

*4th Aug **NEW***

**\*Repeat sessions - please don't register if you have already attended**



# WNHS CPD FOR ALL STAFF

## **Dealing with conflict**

*19th May*

## **Habits of highly effective people**

*25th March, 29th Oct*

## **Leading teams (through change)**

*16th June*

## **Performance management**

*2nd Sept*

## **Providing feedback**

*2nd April*

## **Childbearing and CALD women**

*11th Feb, 5th Aug*

## **FDV coercive control**

*26th Feb*

## **FDV in diverse populations**

*10th June*

## **FDV in the workplace**

*3rd April*

## **FDV - Understanding trauma**

*24th July*

## **FDV - Youth understandings**

*27th May*

## **FDV - Working with perpetrators**

*13th Nov*

## **Female genital cutting/mutilation**

*6th Feb*

## **Forced marriage, dowry and abuse**

*6th May*

## **Migrant and Refugee health training**

*17th June*



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# WNHS Nursing and Midwifery Staff Bookings



**Mandatory training  
and simulation**



**Breastfeeding basics  
and beyond**



**Birth and beyond**



**Advancing clinical  
skills**



**Specialities and  
complex care**



**Mental health  
matters**



# WNHS Nursing and Midwifery Staff Bookings



Elevating leadership,  
professional growth and  
research skills



Women's health and beyond:  
diverse and specialised



WNHS CPD for all staff



SARC, FDV & CALD  
education

*\*Topics and dates subject to change*  
**Updated 10.06.2025**



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