# Water birth competency for midwives and midwifery students - Clinical assessment tool

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ HE#:

## Outcome

Demonstrates the required understanding and clinical skills required to facilitate the care of women during water immersion in labour and water birth.

## Preparation

## Theory

* Read “Water immersion during labour and birth” clinical guideline (WNHN 2024)
* Read “Water immersion during labour and birth statewide standard” (Dept of health 2023)
* Read “Water birth patient information” consumer brochure (WNHN 2024)
* Attend water birth education session and/ or complete the WNHS eLearning package

## Supervised Practice

Supervised practice by a midwife deemed competent in water birth.

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| **Requirement Group 1 -Initial competency** | **Date** | **Supervisor Initial** |
| Observe water birth facilitated by a midwife deemed competent |  |  |
| Observe water birth facilitated by a midwife deemed competent |  |  |
| Facilitate water birth supervised by Midwife deemed competent |  |  |
| Facilitate water birth supervised by Midwife deemed competent |  |  |
| * Participate in water birth evacuation procedure * Date of last annual attendance at manual tasks training session * Date of last annual assessment of competence in neonatal resuscitation |  |  |
| **Requirement Group 2 - demonstrated evidence of water birth competency from external HSP** | **Date** | **Supervisor Initial** |
| Comptency based on individual assessment and discussion |  |  |
| **Ongoing Competency** | | |
| * Participate in annual water birth evacuation procedure * Completion of annual mandatory training activities * Confirmation on annual PDR document |  |  |

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| **Comment:**  **Recommendation**  ⃝ Competency achieved ⃝ Competency NOT achieved – Plan: | | |
| **Supervisor** | Name: | Signature: |

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