



Statewide Perinatal and Infant Mental Health Program (SPIMHP) Training Calendar 2022

SPIMHP provides training to improve the health and wellbeing of families in WA.

The Uses and Misuses of the Edinburgh Postnatal Depression Scale

This training is designed to assist health professionals and others in using the Edinburgh Postnatal Depression Scale (EPDS).

Recommended for health professionals working with families during the antenatal and postnatal period.

Duration 4 hours

Dates	Wednesday 8 th June Wednesday 14 th September
Location	KEMH, Subiaco, WA DNMAER Teaching Room 1
Time	9.00am – 1:30pm

Perinatal Anxiety Disorders

This module provides participants with an introduction to anxiety in the perinatal period. Prevalence and types of anxiety disorders will be explored, along with engagement, screening and treatment options.

Recommended for health professionals working with families in the perinatal period including general practitioners, child health nurses and midwives.

Duration Full day

Dates	Wednesday 9 th March Wednesday 11 th May Wednesday 3 rd August Wednesday 2 nd November
Location	KEMH, Subiaco, WA DNAMER Teaching Room 1
Time	9.00am – 4:00pm

The Antenatal Risk Questionnaire

This new training module is designed to introduce the Antenatal Risk Questionnaire (ANRQ) – a validated screening tool. The ANRQ is the recommended screening tool for psychosocial risk factors.

Duration 4 hours

Dates	Wednesday 9 th February Wednesday 27 th April Wednesday 20 th July Thursday 1 st September Wednesday 19 th October
Location	KEMH, Subiaco, WA TBC by email
Time	9.00am – 1:30pm

Presenters can also provide training on a range of perinatal mental health disorders on request. Talks can be tailored to meet the needs of your organisation or group and can be delivered in the workplace. Training using video conferencing is available for rural and remote regions, depending on the venue.

Please complete the registration form and send to SPIMHP@health.wa.gov.au

Alternatively, visit our website www.kemh.health.wa.gov.au/spimhp. Participants will receive a confirmation email once their form has been submitted. Training modules are available to both government and non-government health staff.