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| **[[1]](#footnote-1)Performance Criteria – Documentation** |
| * Consent for IOL documented in notes |
| * Checked Bishop score/findings of last vaginal examination (VE) |
| * Admission observations, including abdominal examination |
| * CTG prior to procedure |
| **Performance Criteria – Preparation** |
| * Obtains consent for procedure |
| * Informs woman of potential risks associated with transcervical Ripening catheter:   + Infection   + Discomfort (possible hyperstimulation – rare)   + Bleeding   + Rupture of membranes |
| * Ensures no contraindications for transcervical Ripening insertion:   + Placenta praevia/vasa praevia   + HIV infection   + Active Herpes lesion   + Malpresentation |
| * Confirms bladder is empty |
| * Positioned in lithotomy |
| **Performance Criteria – Procedure** |
| * Wash’s hands and maintains ANTT principles |
| * Uses PPE |
| * Cleanses vulvo-vaginal area with sterile saline or water |
| * Inserts bi-valve speculum correctly |
| * Visualises cervix |
| * Inserts ripening catheter through the internal os (using spongeholder forceps to assist) |
| * Inflates balloon with 80mL sterile water |
| * Withdraws the catheter until it rests at the level of internal os |
| * Withdraws speculum |
| * Confirms placement of catheter with VE |
| * Applies traction to catheter and tapes to inner aspect of the woman’s thigh |
| **Performance Criteria – Post procedure** |
| * Auscultate and document FHR |
| * Documentation of procedure completed including:   + *date / time of insertion, reason for catheterisation, catheter type/gauge size , lot number & the amount of water inserted into the balloon*   + *placement of catheter* |

1. [↑](#footnote-ref-1)