

Government of Western Australia North Metropolitan Health Service

We care



(Patient - please tick each action below that Before procedures Introduce yourself and your role to me ☐ Introduce other workers and explain why Get to know a bit about me first Don't ask me questions about my trauma Explain what you are going to do and why Ask "what could make this easier for you? Ask permission before touching me ☐ If I need to have a procedure, explain it to The writteri i iliui iliautori tu reau Agree on a "PAUSE" signal I can use dur. Tell me that it is "okay to stop" the examin Talk to me about stress reduction techniq / Talk to me about stress reduction a during examinations and treatment Ask if I have any questions Provide answers to my questions Allow me to bring a support persc

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Many people live with past trauma. We want to support you, work with you

and reduce your stress at appointments.

Let us know how.

Download a Sensitive Practice Request form, fill it in and show it to your healthcare professional. Visit kemh.health.wa.gov.au/SPR

