



Neurodiversity and Trauma-informed Practice

Full Day Workshop (Perth 2026)

This interactive workshop is designed for clinicians and allied health professionals seeking to deepen their understanding of neurodivergence (including autism and ADHD) and its intersection with trauma. The day will blend foundational knowledge with practical, skills-based learning, and case studies. Participants will leave with actionable strategies and resources to support neurodivergent clients, particularly in trauma recovery contexts.

Topics

- Understanding Autism, ADHD, and other neurodivergent profiles
- Neurodiversity and trauma: intersectionality and clinical implications
- Common coping mechanisms and their implications in neurodivergent individuals
- Trauma-informed and neurodiversity-affirming frameworks
- Unique challenges for neurodivergent survivors (e.g., communication, trust-building)
- Inclusive practices and accessibility
- Practical application and modifications to clinical practice.

Please note that content may be triggering for some people who have been impacted by trauma

Audience

This workshop is suitable for:

- Counsellors, therapists, psychologists, and social workers
- Nurses, youth workers, doctors, and allied health professionals
- Not-for-profit and community sector staff in client-facing roles
- Participants should be in a clinical, counselling, or therapy-related role.

Details

- 9 November 2026
- 9am start; 4.30pm finish
- Delivered in Subiaco (details will be provided to registered participants)
- Facilitated by Clinical Psychologist Roanne Young (see over for details).



Cost

\$180 including GST Morning tea and lunch will be provided (please note, if you have coeliac disease or strict dietary requirements, self-catering is recommended).

Registrations

[Register here](#)

Facilitator



Roanne Young is a Senior Clinical Psychologist at Anima Health Network and the Murdoch University Counselling Service, with extensive experience across hospital, community, and private practice settings. Her clinical focus lies at the intersection of neurodiversity and complex trauma. Drawing from frameworks of Schema Therapy, EMDR, and Dialectical Behaviour Therapy, Roanne aims to help individuals to work with their brain, rather than against it, towards self-compassion and valued living.

Roanne has also directed several initiatives for supporting ADHD individuals, including establishing the ADHD Support Group for students at Murdoch University, and developing a clinically informed coaching program SNAP for professionals with ADHD to build individualised, sustainable systems for organisation, productivity, and performance.

As a speaker, Roanne is unpretentious and pragmatic with attempts at humour. She delivers talks and workshops to health/allied health, education, and other organisations/providers on supporting neurodivergence across both their staff and consumers.

SARC Education and Training

Email training enquiries and requests to: SARCTraining@health.wa.gov.au

Further information and resources: [SARC Website](#)

The Sexual Assault Resource Centre (SARC)

- **24-hour crisis** medical, forensic and counselling support following a sexual assault
- **Counselling** for recent and past sexual assault and sexual abuse
- State-wide **education and training**



24-hour crisis line for
recent sexual assault

Telephone (08) 6458 1828 or
1800 199 888 (free from landlines only)

Crisis telephone support
8.30am - 11.00pm daily
Telephone (08) 6458 1828