



# Trauma-informed Healthcare

## Online; 1 hour

This presentation provides an introduction to a trauma-informed approach to service delivery in healthcare and how it might look in practice. Participants are introduced to a range of SARC resources to support their trauma-informed practice.

### Topic areas

- Understanding trauma and its impacts
- Common issues for trauma survivors
- A trauma informed approach
- Trauma-informed care in practice
- Trauma screening
- Asking trauma informed questions
- Responding to disclosures of trauma
- Strategies for working with trauma survivors
- Resources for supporting clients with a trauma history.

### Details

- 1 hour
- Tuesdays or Wednesdays
- Delivered online (Microsoft Teams)
- Minimum of 12 participants
- Facilitated by an experienced SARC trainer.

Please note that content may be triggering for some people who have been impacted by trauma

### Enquiries and bookings

Contact SARC's Education team to request a presentation for your team: [SARCTraining@health.wa.gov.au](mailto:SARCTraining@health.wa.gov.au)

### The Sexual Assault Resource Centre (SARC)

- **24-hour crisis** medical, forensic and counselling support following a sexual assault
- **Counselling** for recent and past sexual assault and sexual abuse
- State-wide **education and training**



#### 24-hour crisis line for recent sexual assault

Telephone (08) 6458 1828 or  
1800 199 888 (free from landlines only)

#### Crisis telephone support

8.30am - 11.00pm daily  
Telephone (08) 6458 1828