



Trauma-informed Healthcare

Online; 1 hour

This presentation provides an introduction to a trauma-informed approach to service delivery in healthcare and how it might look in practice. Participants are introduced to a range of SARC resources to support their trauma-informed practice.

Topic areas

- Understanding trauma and its impacts
- Common issues for trauma survivors
- A trauma informed approach
- Trauma-informed care in practice
- Trauma screening
- Asking trauma informed questions
- Responding to disclosures of trauma
- Strategies for working with trauma survivors
- Resources for supporting clients with a trauma history.

Details

- 1 hour
- Tuesdays or Wednesdays
- Delivered online (Microsoft Teams)
- Minimum of 12 participants
- Facilitated by an experienced SARC trainer.

Please note that content may be triggering for some people who have been impacted by trauma

Enquiries and bookings

Contact SARC's Education team to request a presentation for your team: SARCTraining@health.wa.gov.au

The Sexual Assault Resource Centre (SARC)

- **24-hour crisis** medical, forensic and counselling support following a sexual assault
- **Counselling** for recent and past sexual assault and sexual abuse
- State-wide **education** and **training**



24-hour crisis line for recent sexual assault

Telephone (08) 6458 1828 or
1800 199 888 (free from landlines only)

Crisis telephone support

8.30am - 11.00pm daily
Telephone (08) 6458 1828