aspect
Autism Spectrum Australia

Research Centre
for Autism Practice

Aspect Autistic Pregnancy and Parenthood Hub

Built on research and the lived experience of Autistic people, Aspect's co-designed hub provides valuable insights and resources for Autistic people and healthcare professionals.

- Tips for expectant parents and healthcare professionals
- Stories of pregnancy, birth and early parenthood
- Customisable tools – birth plans and baby checklists
- Visual stories – attending appointments
- Neuroaffiming care training modules
- Research highlights





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