

# NGALA PARENTING LINE

FOR FAMILIES WITH CHILDREN 0 TO 18 YEARS



Our Ngala Parenting Line offers phone advice, information and support to parents and carers of children up to 18 years old.

Our team of qualified and friendly staff are here to offer reassurance and encouragement along the parenting journey.

Hours of operation are Monday to Sunday, 8am to 8pm. Requests for a call back can be made by phone or via the Ngala website.

The Parenting Line is provided by Ngala and Funded by the State Government through The Department of Communities and the Child and Adolescent Health Service.

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**PARENTING LINE**

8am-8pm  
7 days  
Ages 0-18yrs

**9368 9368**  
Country: 1800 111 546

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 ngala  
*Raising happiness*

For more information call **9368 9368**  
or visit [www.ngala.com.au](http://www.ngala.com.au)